

# North District Track & Field Championships 2017

## U13 Girls

### U13 Girls 100m (Final)

ws +1.6

1	Tamsin Fowie	Moray Road Runners	13.32	<b>PB</b>
2	Abbie Harrison	Inverness Harriers AAC	14.19	
3	Alanna MacKenzie	Inverness Harriers AAC	14.82	<b>PB</b>
4	Isla Donaldson	Orkney Athletic Club	14.86	<b>PB</b>
5	Mia Kirkness	Shetland AAC	15.03	<b>PB</b>
6	Sanna Forsyth	Shetland AAC	15.07	<b>PB</b>
7	Natasha MacDonald	Stornoway Running & AC	15.62	<b>PB</b>
8	Kiera Milne	Orkney Athletic Club	15.72	

### U13 Girls 100m (Heat 1)

ws -0.3

1	Tamsin Fowie	Moray Road Runners	13.64	<b>PB</b>
2	Sanna Forsyth	Shetland AAC	15.14	<b>PB</b>
3	Mia Kirkness	Shetland AAC	15.26	<b>PB</b>
4	Mollie McKillop	Inverness Harriers AAC	15.64	
5	Alyth MacLeod	Stornoway Running & AC	15.72	<b>PB</b>
6	Millie Flett	Orkney Athletic Club	16.36	
DNS	Hannah Fea	Inverness Harriers AAC	.	
DNS	Jessica Bowman	Inverness Harriers AAC	.	

### U13 Girls 100m (Heat 2)

ws +0.7

1	Abbie Harrison	Inverness Harriers AAC	14.34	
2	Alanna MacKenzie	Inverness Harriers AAC	15.01	<b>PB</b>
3	Isla Donaldson	Orkney Athletic Club	15.05	
4	Kiera Milne	Orkney Athletic Club	15.44	<b>PB</b>
5	Natasha MacDonald	Stornoway Running & AC	15.56	<b>PB</b>
6	Tara MacIver	Orkney Athletic Club	15.59	<b>PB</b>
7	Isobel Garvie	Inverness Harriers AAC	16.18	<b>PB</b>
8	Parys Hamilton	Orkney Athletic Club	16.20	

### U13 Girls 1500m (Final)

1	Anya Morrison	East Sutherland AC	5:13.63	<b>CBP</b>
2	Grace MacDonald	Inverness Harriers AAC	5:30.43	
3	Isobel Garvie	Inverness Harriers AAC	5:52.51	
4	Rosie Milligan	East Sutherland AC	6:00.54	
5	Ruth Wilson	Inverness Harriers AAC	6:03.05	
DNF	Annie Nankivell	East Sutherland AC	.	

### U13 Girls 200m (Final)

1	Tamsin Fowie	Moray Road Runners	27.76	<b>PB</b>	<b>CBP</b>
2	Alanna MacKenzie	Inverness Harriers AAC	30.20	<b>PB</b>	
3	Lucy Clark	Inverness Harriers AAC	30.79	<b>PB</b>	
4	Sanna Forsyth	Shetland AAC	30.86	<b>PB</b>	
5	Isla Donaldson	Orkney Athletic Club	31.05	<b>PB</b>	
6	Tara MacIver	Orkney Athletic Club	32.34		
7	Anna Cairns	Inverness Harriers AAC	32.78		
8	Natasha MacDonald	Stornoway Running & AC	33.29		

### U13 Girls 200m (Heat 1)

ws -2.3

1	Tamsin Fowie	Moray Road Runners	27.88	<b>PB</b>	<b>CBP</b>
2	Alanna MacKenzie	Inverness Harriers AAC	30.64	<b>PB</b>	
3	Sanna Forsyth	Shetland AAC	31.28	<b>PB</b>	
4	Tara MacIver	Orkney Athletic Club	32.28		
5	Natasha MacDonald	Stornoway Running & AC	32.50	<b>PB</b>	
6	Dannika Leask	Shetland AAC	32.77	<b>PB</b>	

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## U13 Girls 200m (Heat 2)

1	Isla Donaldson	Orkney Athletic Club	31.46	<b>PB</b>
2	Lucy Clark	Inverness Harriers AAC	31.56	<b>PB</b>
3	Anna Cairns	Inverness Harriers AAC	33.03	<b>PB</b>
4	Mollie McKillop	Inverness Harriers AAC	34.06	<b>PB</b>
5	Becky Tait	Orkney Athletic Club	34.46	<b>PB</b>
DNR	Alyth MacLeod	Stornoway Running & AC	.	

## U13 Girls 70m Hurdles (Final)

**ws +3.1**

1	Amie Ringstead	North Uist AAC	13.49	<b>PB</b>
2	Mia Kirkness	Shetland AAC	14.30	<b>PB</b>
3	Mollie McKillop	Inverness Harriers AAC	16.74	
DNS	Jessica Bowman	Inverness Harriers AAC	.	

## U13 Girls 800m (Final)

1	Stroma Fraser	Inverness Harriers AAC	2:37.53	
2	Joni Smith	North Uist AAC	2:41.07	<b>PB</b>
3	Zoe Sharpe	Inverness Harriers AAC	2:46.45	
4	Anna Cairns	Inverness Harriers AAC	2:54.07	<b>PB</b>
5	Amie Ringstead	North Uist AAC	2:54.33	
6	Emily Gilmour	Orkney Athletic Club	2:55.24	<b>PB</b>
7	Harriet Whelan	Moray Road Runners	2:59.08	<b>PB</b>
8	Jess Ewing	Orkney Athletic Club	3:03.74	<b>PB</b>
DNS	Lucy Clark	Inverness Harriers AAC	.	

## U13 Girls High Jump

1	Stroma Fraser	Inverness Harriers AAC	1.31
2	Jess Ewing	Orkney Athletic Club	1.16

## U13 Girls Javelin (400g)

1	Gemma Montgomery	Orkney Athletic Club	19.77	<b>PB</b>
2	Zoe Sharpe	Inverness Harriers AAC	15.55	<b>PB</b>
3	Emily Gilmour	Orkney Athletic Club	14.45	
4	Beth Hewick	Inverness Harriers AAC	11.86	

## U13 Girls Long Jump

1	Stroma Fraser	Inverness Harriers AAC	4.55	<b>PB</b>	<b>CBP</b>
2	Tamsin Fowlie	Moray Road Runners	4.31	<b>PB</b>	
3	Zoe Sharpe	Inverness Harriers AAC	3.75		
4	Millie Flett	Orkney Athletic Club	3.75		
5	Lucy Clark	Inverness Harriers AAC	3.71	<b>PB</b>	
6	Mia Kirkness	Shetland AAC	3.64	<b>PB</b>	
7	Kiera Milne	Orkney Athletic Club	3.61	<b>PB</b>	
8	Sanna Forsyth	Shetland AAC	3.61		
9	Joni Smith	North Uist AAC	3.50		
10	Isla Donaldson	Orkney Athletic Club	3.47	<b>PB</b>	
11	Alanna MacKenzie	Inverness Harriers AAC	3.37	<b>PB</b>	
12	Harriet Whelan	Moray Road Runners	3.37		
13	Alyth MacLeod	Stornoway Running & AC	3.31	<b>PB</b>	
14	Dannika Leask	Shetland AAC	3.28	<b>PB</b>	
15	Beth Hewick	Inverness Harriers AAC	3.28		
16	Tara MacIver	Orkney Athletic Club	3.25	<b>PB</b>	
17	Parys Hamilton	Orkney Athletic Club	3.21		
18	Zoe Adamson	Orkney Athletic Club	3.17		
19	Ruth Wilson	Inverness Harriers AAC	2.99		
20	Isobel Garvie	Inverness Harriers AAC	2.81		

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### U13 Girls Shot Putt (2.72kg)

1	Gemma Montgomery	Orkney Athletic Club	7.44	<b>PB</b>
2	Dannika Leask	Shetland AAC	6.17	<b>PB</b>
3	Zoe Adamson	Orkney Athletic Club	6.04	<b>PB</b>
4	Jess Ewing	Orkney Athletic Club	5.52	
5	Parys Hamilton	Orkney Athletic Club	5.40	
6	Hannah Fea	Inverness Harriers AAC	5.07	
7	Anna Cairns	Inverness Harriers AAC	3.99	
8	Ruth Wilson	Inverness Harriers AAC	3.98	

# North District Track & Field Championships 2017

## U15 Girls

### U15 Girls 100m (Final)

ws +0.8

1	Katie Dinwoodie	Shetland AAC	12.82	
2	Mia Keogh	Unattached	13.12	<b>PB</b>
3	Angela Horne	Stornoway Running & AC	13.54	<b>PB</b>
4	Sian Smith	Orkney Athletic Club	13.76	<b>PB</b>
5	Mellissa Mack	Inverness Harriers AAC	13.97	<b>PB</b>
6	Sophie Jamieson	Shetland AAC	14.05	
7	Jodie Walterson	Shetland AAC	14.08	<b>PB</b>
8	Kally Milne	Orkney Athletic Club	14.13	<b>PB</b>

### U15 Girls 100m (Heat 1)

ws +1.9

1	Katie Dinwoodie	Shetland AAC	13.16	
2	Angela Horne	Stornoway Running & AC	13.65	<b>PB</b>
3	Mellissa Mack	Inverness Harriers AAC	13.95	<b>PB</b>
4	Mary Anne MacPhail	Stornoway Running & AC	14.33	<b>PB</b>
5	Eve Gardiner	Inverness Harriers AAC	14.34	<b>PB</b>
6	Krysta Bray	Stornoway Running & AC	14.73	<b>PB</b>
7	Lucy Morrison	North Uist AAC	14.79	
8	Leah Inglis	Inverness Harriers AAC	15.33	

### U15 Girls 100m (Heat 2)

ws +1.3

1	Mia Keogh	Unattached	13.66	<b>PB</b>
2	Sian Smith	Orkney Athletic Club	13.68	<b>PB</b>
3	Jodie Walterson	Shetland AAC	14.16	<b>PB</b>
4	Launen Flett	Orkney Athletic Club	14.67	<b>PB</b>
5	Molly MacLeod	Stornoway Running & AC	14.92	<b>PB</b>
6	Jenna Tait	Orkney Athletic Club	15.09	
7	Freya Greaves	Orkney Athletic Club	16.23	
DNS	Kiera MacKenzie	North Uist AAC	.	

### U15 Girls 100m (Heat 3)

ws +0.9

1	Kally Milne	Orkney Athletic Club	14.15	<b>PB</b>
2	Sophie Jamieson	Shetland AAC	14.22	
3	Beaux MacKenzie	Nairn AAAC	14.61	
4	Maddie Smith	Shetland AAC	15.13	
5	Niamh Grant	Moray Road Runners	15.22	<b>PB</b>
6	Elisa Morrison	North Uist AAC	16.14	<b>PB</b>
DNS	Rachel Tynan	Inverness Harriers AAC	.	

### U15 Girls 1500m (Final)

1	Jennifer MacKenzie	Inverness Harriers AAC	5:03.86	
2	Kristi Rendall	Orkney Athletic Club	5:20.89	
3	Catriona Garvie	Inverness Harriers AAC	5:29.03	
4	Emma Seed	Inverness Harriers AAC	5:33.78	<b>PB</b>
5	Niamh Whelan	Moray Road Runners	5:40.29	
6	Katie Gillies	Inverness Harriers AAC	5:54.47	
7	Kirsty MacLean	Stornoway Running & AC	5:54.92	
8	Hannah Mayers	Stornoway Running & AC	6:09.53	
9	Josie Groat	Orkney Athletic Club	6:21.82	

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## U15 Girls 200m (Final)

1	Katie Dinwoodie	Shetland AAC	25.98	<b>PB</b>	<b>CBP</b>
2	Mia Keogh	Unattached	26.74	<b>PB</b>	
3	Chloe Cheyne	Inverness Harriers AAC	27.52	<b>PB</b>	
4	Mairi Darroch	Inverness Harriers AAC	27.84	<b>PB</b>	
5	Gemma MacRitchie	Stornoway Running & AC	27.89	<b>PB</b>	
6	Sophie Jamieson	Shetland AAC	28.34	<b>PB</b>	
7	Sian Smith	Orkney Athletic Club	28.71		
8	Mellissa Mack	Inverness Harriers AAC	28.98	<b>PB</b>	

## U15 Girls 200m (Heat 1)

1	Katie Dinwoodie	Shetland AAC	26.35	<b>PB</b>	<b>CBP</b>
2	Gemma MacRitchie	Stornoway Running & AC	28.29	<b>PB</b>	
3	Sophie Jamieson	Shetland AAC	28.94		
4	Mellissa Mack	Inverness Harriers AAC	29.26	<b>PB</b>	
5	Jodie Walterson	Shetland AAC	29.36	<b>PB</b>	
6	Megan McKay	Moray Road Runners	30.10	<b>PB</b>	
7	Beaux MacKenzie	Nairn AAAC	31.30		
8	Chloe Wood	Orkney Athletic Club	32.52	<b>PB</b>	

## U15 Girls 200m (Heat 2)

**ws- 2.2**

1	Mia Keogh	Unattached	27.62		
2	Chloe Cheyne	Inverness Harriers AAC	28.08		
3	Mairi Darroch	Inverness Harriers AAC	28.49	<b>PB</b>	
4	Sian Smith	Orkney Athletic Club	28.67	<b>PB</b>	
5	Kally Milne	Orkney Athletic Club	29.50	<b>PB</b>	
6	Launen Flett	Orkney Athletic Club	30.49	<b>PB</b>	
7	Krysta Bray	Stornoway Running & AC	30.91		

## U15 Girls 300m (Final)

1	Katie Dinwoodie	Shetland AAC	42.68	<b>PB</b>	<b>CBP</b>
2	Mia Keogh	Unattached	43.51	<b>PB</b>	
3	Kirsty Arnaud	Inverness Harriers AAC	45.81	<b>PB</b>	
4	Sophie Jamieson	Shetland AAC	46.24		
5	Sophie Bath	East Sutherland AC	48.11	<b>PB</b>	
6	Charlotte Hume	Orkney Athletic Club	48.89		
7	Kirsty MacLean	Stornoway Running & AC	49.89		
8	Josie Groat	Orkney Athletic Club	52.36		

## U15 Girls 75m Hurdles (Final)

**ws +0.0**

1	Gemma MacRitchie	Stornoway Running & AC	12.35	<b>PB</b>	
2	Rachel Johnstone	Inverness Harriers AAC	12.40	<b>PB</b>	
3	Krysta Bray	Stornoway Running & AC	13.50	<b>PB</b>	
4	Mary Anne MacPhail	Stornoway Running & AC	14.01		
5	Eve Gardiner	Inverness Harriers AAC	14.52	<b>PB</b>	
6	Elisa Morrison	North Uist AAC	15.94		

## U15 Girls 800m (Final)

1	Chloe Cheyne	Inverness Harriers AAC	2:24.34	<b>PB</b>	
2	Kirsty Arnaud	Inverness Harriers AAC	2:30.85	<b>PB</b>	
3	Aimee Smith	Shetland AAC	2:31.05		
4	Gemma MacRitchie	Stornoway Running & AC	2:39.33		
5	Megan McKay	Moray Road Runners	2:45.92	<b>PB</b>	
6	Grace Jenkins	Moray Road Runners	2:50.18	<b>PB</b>	
7	Charlotte Hume	Orkney Athletic Club	2:51.59	<b>PB</b>	
8	Lucy Morrison	North Uist AAC	2:52.91		

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## U15 Girls Discus (1.00kg)

1	Stephanie Mercer	Shetland AAC	20.07	
2	Georgie Newlands	Moray Road Runners	18.65	<b>PB</b>
3	Leah Inglis	Inverness Harriers AAC	17.33	<b>PB</b>
4	Catriona Garvie	Inverness Harriers AAC	13.84	<b>PB</b>

## U15 Girls Hammer (3.00kg)

1	Amy Colliar	Inverness Harriers AAC	30.30	<b>PB</b>
2	Aimee Smith	Shetland AAC	18.89	
3	Isobel Bird	Inverness Harriers AAC	18.49	

## U15 Girls High Jump

1	Angela Horne	Stornoway Running & AC	1.46	<b>PB</b>
2	Catriona Garvie	Inverness Harriers AAC	1.29	
3	Beaux MacKenzie	Nairn AAAC	1.24	

## U15 Girls Javelin (500g)

1	Hannah Kingham	Elgin AAC	29.61	<b>PB</b>	<b>CBP</b>
2	Georgie Newlands	Moray Road Runners	24.18	<b>PB</b>	
3	Stephanie Mercer	Shetland AAC	20.80	<b>PB</b>	
4	Katie Gillies	Inverness Harriers AAC	19.07	<b>PB</b>	
5	Shannon Passoti	Orkney Athletic Club	16.91		
6	Isobel Bird	Inverness Harriers AAC	15.67	<b>PB</b>	
7	Kiera Stevenson	Orkney Athletic Club	15.36		
8	Freya Greaves	Orkney Athletic Club	11.81		
9	Hannah Mayers	Stornoway Running & AC	9.08	<b>PB</b>	

## U15 Girls Long Jump

1	Rachel Johnstone	Inverness Harriers AAC	4.64	
2	Angela Horne	Stornoway Running & AC	4.56	
3	Eve Gardiner	Inverness Harriers AAC	4.23	
4	Kally Milne	Orkney Athletic Club	4.17	
5	Molly MacLeod	Stornoway Running & AC	4.07	<b>PB</b>
6	Niamh Grant	Moray Road Runners	3.98	<b>PB</b>
7	Jodie Walterson	Shetland AAC	3.90	
8	Sian Smith	Orkney Athletic Club	3.81	<b>PB</b>
9	Shannon Passoti	Orkney Athletic Club	3.71	<b>PB</b>
10	Viktoria Kuzma	North Uist AAC	3.51	
11	Charlotte Hume	Orkney Athletic Club	3.43	<b>PB</b>
12	Maddie Smith	Shetland AAC	3.40	
13	Josie Groat	Orkney Athletic Club	3.36	
14	Kiera Stevenson	Orkney Athletic Club	3.15	
15	Hannah Mayers	Stornoway Running & AC	3.10	

## U15 Girls Shot Putt (3.00kg)

1	Shannon Passoti	Orkney Athletic Club	8.65	<b>PB</b>
2	Hannah Kingham	Elgin AAC	8.37	<b>PB</b>
3	Niamh Grant	Moray Road Runners	8.20	<b>PB</b>
4	Georgie Newlands	Moray Road Runners	7.99	<b>PB</b>
5	Stephanie Mercer	Shetland AAC	7.43	<b>PB</b>
6	Amy Colliar	Inverness Harriers AAC	7.32	
7	Isobel Bird	Inverness Harriers AAC	6.89	
8	Freya Greaves	Orkney Athletic Club	6.38	<b>PB</b>
9	Kiera Stevenson	Orkney Athletic Club	5.77	

## U15 Girls Triple Jump

1	Mairi Darroch	Inverness Harriers AAC	9.54	<b>PB</b>
2	Rachel Johnstone	Inverness Harriers AAC	9.34	<b>PB</b>
3	Viktoria Kuzma	North Uist AAC	8.02	

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## U17 Women

### U17 Women 100m (Final)

**ws +1.2**

1	Emma Pedrana	Inverness Harriers AAC	12.88	<b>PB</b>
2	Jessica Golden	Inverness Harriers AAC	13.10	<b>PB</b>
3	Loni Wiseman	Shetland AAC	13.26	<b>PB</b>
4	Laura Newbold	Shetland AAC	13.44	
5	Mia MacIver	Orkney Athletic Club	13.46	
6	Sian MacDonald	Stornoway Running & AC	13.60	<b>PB</b>
7	Beth Grant	Moray Road Runners	13.98	
8	Chloe Watson	Inverness Harriers AAC	14.34	

### U17 Women 100m (Heat 1)

**ws +2.2**

1	Mia MacIver	Orkney Athletic Club	13.11	<b>PB</b>
2	Jessica Golden	Inverness Harriers AAC	13.29	<b>PB</b>
3	Loni Wiseman	Shetland AAC	13.36	<b>PB</b>
4	Laura Newbold	Shetland AAC	13.42	
5	Abbie McNally (T37)	Inverness Harriers AAC	15.66	

### U17 Women 100m (Heat 2)

**ws +0.6**

1	Emma Pedrana	Inverness Harriers AAC	13.13	
2	Sian MacDonald	Stornoway Running & AC	13.66	
3	Beth Grant	Moray Road Runners	13.83	
4	Chloe Watson	Inverness Harriers AAC	14.39	

### U17 Women 1500m (Final)

1	Grace Whelan	Moray Road Runners	4:49.66	
2	Emily Andrew	Inverness Harriers AAC	4:52.30	
3	Sarah Marie Riise	Shetland AAC	5:23.85	
4	Connie Campbell	Inverness Harriers AAC	5:48.33	
5	Ailsa Hewick	Inverness Harriers AAC	5:57.36	
DNS	Sophie Young	Inverness Harriers AAC	.	

### U17 Women 200m (Final)

**ws +0.6**

1	Ellie Stone	Inverness Harriers AAC	26.53	<b>PB</b>
2	Emma Pedrana	Inverness Harriers AAC	26.76	<b>PB</b>
3	Laura Newbold	Shetland AAC	27.15	<b>PB</b>
4	Tegan Spence	Orkney Athletic Club	27.17	<b>PB</b>
5	Jessica Golden	Inverness Harriers AAC	27.53	<b>PB</b>
6	Sian MacDonald	Stornoway Running & AC	27.61	
7	Ellen Hay	Orkney Athletic Club	28.20	
8	Charlotte Hill	Unattached	28.78	

### U17 Women 200m (Heat 1)

**ws -0.7**

1	Ellie Stone	Inverness Harriers AAC	27.28	
2	Laura Newbold	Shetland AAC	27.46	<b>PB</b>
3	Ellen Hay	Orkney Athletic Club	27.55	
4	Jessica Golden	Inverness Harriers AAC	28.04	
5	Mairi Weir	Elgin AAC	28.99	<b>PB</b>
6	Beth Grant	Moray Road Runners	29.52	

### U17 Women 200m (Heat 2)

**ws -1.8**

1	Emma Pedrana	Inverness Harriers AAC	27.40	
2	Tegan Spence	Orkney Athletic Club	27.83	<b>PB</b>
3	Sian MacDonald	Stornoway Running & AC	27.98	
4	Charlotte Hill	Unattached	28.62	
5	Beth MacIver	Inverness Harriers AAC	29.54	
6	Abbie McNally (T37)	Inverness Harriers AAC	32.92	

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## U17 Women 300m (Final)

1	Tegan Spence	Orkney Athletic Club	43.07	<b>PB</b>
2	Charlotte Hill	Unattached	44.61	
3	Beth MacIver	Inverness Harriers AAC	45.89	
4	Ellen Hay	Orkney Athletic Club	45.90	
DQ	Mia MacIver	Orkney Athletic Club	.	
DNS	Hallie Gordon	Orkney Athletic Club	.	

## U17 Women 300m Hurdles (Final)

1	Mairi Weir	Elgin AAC	50.77	<b>PB</b>
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## U17 Women 800m (Final)

1	Grace Whelan	Moray Road Runners	2:17.67	<b>PB</b>
2	Emily Andrew	Inverness Harriers AAC	2:23.16	<b>PB</b>
3	Sophie Young	Inverness Harriers AAC	2:26.43	
4	Catriona Scott	East Sutherland AC	2:29.95	
5	Shauna Perry	Forres Harriers	2:31.93	<b>PB</b>
6	Ruby Soldan	Inverness Harriers AAC	2:35.32	
7	Rebecca Johnstone	Inverness Harriers AAC	2:37.24	
8	Ailsa Hewick	Inverness Harriers AAC	2:49.04	<b>PB</b>
DNS	Tegan Spence	Orkney Athletic Club	.	

## U17 Women 80m Hurdles (Final)

**ws +0.7**

1	Ellie Stone	Inverness Harriers AAC	12.31	<b>PB</b>
2	Eilidh MacPherson	Unattached	13.84	
3	Mairi Weir	Elgin AAC	14.29	<b>PB</b>

## U17 Women Discus (1.00kg)

1	Josie Steele	Inverness Harriers AAC	26.76
2	Katie Gray	Inverness Harriers AAC	24.99
3	Rachel MacLennan	Inverness Harriers AAC	24.95
4	Stephanie Evers	Caithness AAC	24.77
5	Heather Welsh	Nairn AAAC	24.13
6	Leigh Nicolson	Shetland AAC	22.69
7	Beth Grant	Moray Road Runners	20.81

## U17 Women Hammer (3.00kg)

1	Rachel MacLennan	Inverness Harriers AAC	41.95
2	Leigh Nicolson	Shetland AAC	37.54

## U17 Women High Jump

1	Lucy Holden	Shetland AAC	1.57	
2	Rebecca Johnstone	Inverness Harriers AAC	1.47	<b>PB</b>
3	Chloe Watson	Inverness Harriers AAC	1.27	

## U17 Women Javelin (500g)

1	Leigh Nicolson	Shetland AAC	34.60	<b>PB</b>
2	Molly Cant	Orkney Athletic Club	28.62	<b>PB</b>
3	Stephanie Evers	Caithness AAC	28.45	
4	Ruby Dunkley	Nairn AAAC	23.02	
5	Astri Balfour	Shetland AAC	21.39	

## U17 Women Long Jump

1	Loni Wiseman	Shetland AAC	4.34	
2	Laura Newbold	Shetland AAC	4.14	<b>PB</b>
3	Lucy Holden	Shetland AAC	4.08	
4	Ailsa Hewick	Inverness Harriers AAC	3.94	<b>PB</b>
5	Ellen Hay	Orkney Athletic Club	3.82	
6	Abbie McNally (T37)	Inverness Harriers AAC	3.37	



## North District Track & Field Championships 2017

### U17 Women Shot Putt (3.00kg)

1	Stephanie Eyers	Caithness AAC	10.71	
2	Molly Cant	Orkney Athletic Club	9.48	<b>PB</b>
3	Heather Welsh	Nairn AAAC	8.67	<b>PB</b>
4	Astri Balfour	Shetland AAC	8.67	<b>PB</b>
5	Rachel MacLennan	Inverness Harriers AAC	8.01	<b>PB</b>
6	Ruby Dunkley	Nairn AAAC	7.54	

### U17 Women Triple Jump

1	Loni Wiseman	Shetland AAC	9.98	<b>PB</b>
2	Lucy Holden	Shetland AAC	9.59	

# North District Track & Field Championships 2017

## U20 Women

### U20 Women 100m (Final)

ws +0.9

1	Rebecca Matheson	Aberdeen AAC	12.43	<b>PB</b>
2	Rhiannan MacIntosh	Inverness Harriers AAC	12.82	<b>PB</b>
3	Lauren Watson	Unattached	13.19	
4	Amy Davis	Orkney Athletic Club	13.22	<b>PB</b>
5	Eilidh Magill	Inverness Harriers AAC	13.32	
6	Tamar Moncrieff	Shetland AAC	13.54	
7	Heather MacKinnon	South Uist & Eriskay AC	13.65	
8	Rachelle Matheson	Aberdeen AAC	13.75	

### U20 Women 100m (Heat 1)

ws -0.2

1	Rhiannan MacIntosh	Inverness Harriers AAC	13.25	<b>PB</b>
2	Amy Davis	Orkney Athletic Club	13.52	
3	Eilidh Magill	Inverness Harriers AAC	13.54	
DQ	Mhia Mouat	Shetland AAC	.	

### U20 Women 100m (Heat 2)

ws +0.8

1	Rebecca Matheson	Aberdeen AAC	12.53	
2	Lauren Watson	Unattached	13.32	
3	Heather MacKinnon	South Uist & Eriskay AC	13.54	<b>PB</b>
4	Tamar Moncrieff	Shetland AAC	13.56	
5	Rachelle Matheson	Aberdeen AAC	13.73	

### U20 Women 100m Hurdles (Final)

ws +1.8

1	Rhiannan MacIntosh	Inverness Harriers AAC	20.20	
DNF	Lauren Watson	Unattached	.	

### U20 Women 1500m (Final)

1	Constance Nankivell	East Sutherland AC	4:46.67	<b>PB</b>
2	Joanna Gillies	Stornoway Running & AC	5:37.41	

### U20 Women 200m (Final)

ws +0.2

1	Rebecca Matheson	Aberdeen AAC	25.06	<b>PB</b>
2	Eilidh MacLeod	Stornoway Running & AC	26.52	
3	Heather Bruce	Inverness Harriers AAC	26.77	<b>PB</b>
4	Amy Davis	Orkney Athletic Club	27.32	
5	Mhia Mouat	Shetland AAC	27.39	
6	Eilidh Magill	Inverness Harriers AAC	27.77	
7	Tamar Moncrieff	Shetland AAC	27.93	
8	Rachelle Matheson	Aberdeen AAC	27.93	

### U20 Women 400m (Final)

1	Gillian Gordon	Inverness Harriers AAC	58.90	
2	Eilidh MacLeod	Stornoway Running & AC	61.38	
3	Heather Bruce	Inverness Harriers AAC	62.59	
4	Mhia Mouat	Shetland AAC	64.76	<b>PB</b>
DNS	Tamar Moncrieff	Shetland AAC	.	

### U20 Women 400m Hurdles (Final)

1	Gillian Gordon	Inverness Harriers AAC	65.06	<b>PB</b>
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### U20 Women 5000m (Final)

1	Anna MacFadyen	Forres Harriers	17:13.56	<b>PB</b>
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### U20 Women 800m (Final)

1	Constance Nankivell	East Sutherland AC	2:19.62	<b>PB</b>
2	Joanna Gillies	Stornoway Running & AC	2:40.77	

## North District Track & Field Championships 2017

### U20 Women Discus (1.00kg)

1	Mary Flockhart	Inverness Harriers AAC	26.40
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### U20 Women High Jump

1	Amy Davis	Orkney Athletic Club	1.57
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### U20 Women Javelin (600g)

1	Mary Flockhart	Inverness Harriers AAC	32.62
2	Megan Munro	Inverness Harriers AAC	25.07 <b>PB</b>

### U20 Women Long Jump

1	Lauren Watson	Unattached	4.56
2	Tamar Moncrieff	Shetland AAC	4.14

### U20 Women Shot Putt (4.00kg)

1	Mary Flockhart	Inverness Harriers AAC	7.50
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### U20 Women Triple Jump

1	Heather MacKinnon	South Uist & Eriskay AC	10.54 <b>PB</b>
2	Lauren Watson	Unattached	10.09

# North District Track & Field Championships 2017

## Senior Women

### Senior Women 100m (Final)

ws +1.9

1	Eleanor Briggs	Inverness Harriers AAC	12.34	<b>PB</b>	<b>CBP</b>
2	Faye Cox	Shetland AAC	12.58		
3	Jenny MacTaggart	Stornoway Running & AC	14.13		
DNS	Erika Budge	Orkney Athletic Club	.		
DNS	Chantall Fowle	Moray Road Runners	.		

### Senior Women 200m (Final)

1	Faye Cox	Shetland AAC	25.85		
2	Erika Budge	Orkney Athletic Club	27.40	<b>PB</b>	

### Senior Women 400m (Final)

1	Eleanor Briggs	Inverness Harriers AAC	55.42	<b>PB</b>	
2	Molly Morgan	Shetland AAC	60.40		
3	Erika Budge	Orkney Athletic Club	60.86		

### Senior Women 400m Hurdles (Final)

1	Eve Carrington	Stornoway Running & AC	68.27		
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### Senior Women 5000m (Final)

1	Stephanie Owen	Unattached	20:24.76	<b>PB</b>	
2	Michelle Slater	Moray Road Runners	20:47.69		
3	Elsbeth Jenkins	Moray Road Runners	21:16.79	<b>PB</b>	

### Senior Women Discus (1.00kg)

1	Dionne Milne	Moray Road Runners	40.66		
2	Shannon Sutherland	Nairn AAAC	26.24		

### Senior Women Hammer (4.00kg)

1	Emma Bowie	Elgin AAC	46.55		<b>CBP</b>
2	Elaine Park	Shetland AAC	34.40		

### Senior Women Long Jump

1	Jenny MacTaggart	Stornoway Running & AC	4.41		
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### Senior Women Shot Putt (4.00kg)

1	Eve Carrington	Stornoway Running & AC	9.88		
2	Shannon Sutherland	Nairn AAAC	8.14		

# North District Track & Field Championships 2017

## U13 Boys

### U13 Boys 100m (Final)

**ws +0.8**

1	Liam Daly	Inverness Harriers AAC	13.56	<b>PB</b>
2	Jason Scott	Orkney Athletic Club	14.32	
3	Finn Regan	Shetland AAC	14.57	<b>PB</b>
4	Ryan Sutherland	Ross County AC	14.97	<b>PB</b>
5	Adam Watkins	Inverness Harriers AAC	15.60	<b>PB</b>
6	Charlie Morrison	Stornoway Running & AC	15.95	
7	James Croy	Orkney Athletic Club	16.18	
8	Angus Rollo	Ross County AC	16.36	<b>PB</b>

### U13 Boys 100m (Heat 1)

**ws +1.1**

1	Liam Daly	Inverness Harriers AAC	13.60	<b>PB</b>
2	Jason Scott	Orkney Athletic Club	14.32	
3	Ryan Sutherland	Ross County AC	14.96	<b>PB</b>
4	Charlie Morrison	Stornoway Running & AC	15.52	
5	Zak Stewart	Nairn AAAC	16.26	
6	Craig MacLennan	Inverness Harriers AAC	16.34	<b>PB</b>

### U13 Boys 100m (Heat 2)

**ws +1.2**

1	Finn Regan	Shetland AAC	14.82	<b>PB</b>
2	Adam Watkins	Inverness Harriers AAC	15.28	<b>PB</b>
3	Angus Rollo	Ross County AC	15.82	<b>PB</b>
4	James Croy	Orkney Athletic Club	16.21	
5	Angus Morrison	Stornoway Running & AC	16.84	

### U13 Boys 1500m (Final)

1	Ruaridh Ellen	Ross County AC	5:04.44	<b>PB</b>
2	Sam Coull	Ross County AC	5:09.76	<b>PB</b>
3	Samuel Bryan	East Sutherland AC	5:10.21	<b>PB</b>
4	Sam Burnett	Inverness Harriers AAC	5:13.80	
5	Charlie Morrison	Stornoway Running & AC	5:42.08	
6	Ali MacKenzie	Orkney Athletic Club	5:44.28	<b>PB</b>
7	Gregor Nixon	Inverness Harriers AAC	5:44.60	
8	Calum MacKay	Shetland AAC	5:53.50	<b>PB</b>

### U13 Boys 200m (Final)

1	Liam Daly	Inverness Harriers AAC	28.22	<b>PB</b>
2	Jason Scott	Orkney Athletic Club	28.90	<b>PB</b>
3	Gregor Nixon	Inverness Harriers AAC	29.99	<b>PB</b>
4	Reece Black	Shetland AAC	30.86	<b>PB</b>
5	Christopher Scott	Orkney Athletic Club	31.51	
6	Adam Watkins	Inverness Harriers AAC	31.56	
7	Ben Wagstaff	Shetland AAC	32.30	
8	Josh Shirreffs	Orkney Athletic Club	32.59	

### U13 Boys 200m (Heat 1)

**ws -2.3**

1	Liam Daly	Inverness Harriers AAC	28.71	
2	Gregor Nixon	Inverness Harriers AAC	30.18	<b>PB</b>
3	Reece Black	Shetland AAC	31.46	<b>PB</b>
4	Adam Watkins	Inverness Harriers AAC	31.49	
5	Josh Shirreffs	Orkney Athletic Club	33.32	

### U13 Boys 200m (Heat 2)

**ws -2.6**

1	Jason Scott	Orkney Athletic Club	29.89	
2	Christopher Scott	Orkney Athletic Club	31.50	
3	Ben Wagstaff	Shetland AAC	32.50	
4	Andrew Dancy	Orkney Athletic Club	34.15	

# North District Track & Field Championships 2017

## U13 Boys 800m (Final)

1	Lachlan Buchanan	Inverness Harriers AAC	2:22.67	<b>PB</b>
2	Reece Black	Shetland AAC	2:32.25	<b>PB</b>
3	Christopher Scott	Orkney Athletic Club	2:42.87	<b>PB</b>
4	Lewis Allan	Orkney Athletic Club	2:44.40	
5	Ryan Sutherland	Ross County AC	2:46.51	<b>PB</b>
6	Ryan Quigley	Inverness Harriers AAC	2:47.22	

## U13 Boys Discus (1.00kg)

1	Craig MacLennan	Inverness Harriers AAC	17.39	<b>PB</b>
2	Daniel Lathan	Inverness Harriers AAC	16.79	<b>PB</b>
3	Sam Burnett	Inverness Harriers AAC	16.44	

## U13 Boys High Jump

1	Finn Regan	Shetland AAC	1.31	<b>PB</b>
2	Gregor Nixon	Inverness Harriers AAC	1.31	<b>PB</b>
3	Christopher Scott	Orkney Athletic Club	1.11	
4	Keegan Sinclair	Shetland AAC	1.06	

## U13 Boys Javelin (400g)

1	Samuel Bryan	East Sutherland AC	22.15	
2	Daniel Lathan	Inverness Harriers AAC	20.50	
3	Ben Wagstaff	Shetland AAC	20.43	<b>PB</b>
4	Sam Burnett	Inverness Harriers AAC	19.52	
5	Josh Ringstead	North Uist AAC	18.86	<b>PB</b>
6	Finn Hewick	Inverness Harriers AAC	14.85	
7	Angus Morrison	Stornoway Running & AC	14.29	
8	Angus Rollo	Ross County AC	13.04	

## U13 Boys Long Jump

1	Ruaridh Ellen	Ross County AC	4.02	
2	Ryan Sutherland	Ross County AC	3.97	<b>PB</b>
3	Finn Regan	Shetland AAC	3.85	<b>PB</b>
4	Keegan Sinclair	Shetland AAC	3.82	<b>PB</b>
5	Jason Scott	Orkney Athletic Club	3.80	<b>PB</b>
6	Andrew Dancy	Orkney Athletic Club	3.54	<b>PB</b>
7	Adam Watkins	Inverness Harriers AAC	3.51	<b>PB</b>
8	Zak Stewart	Nairn AAAC	3.46	<b>PB</b>
9	Josh Shirreffs	Orkney Athletic Club	3.45	<b>PB</b>
10	Charlie Morrison	Stornoway Running & AC	3.37	<b>PB</b>
11	Lewis Allan	Orkney Athletic Club	3.32	
12	Calum MacKay	Shetland AAC	3.24	<b>PB</b>
13	Ali MacKenzie	Orkney Athletic Club	3.07	<b>PB</b>
14	Finn Hewick	Inverness Harriers AAC	2.91	
15	James Croy	Orkney Athletic Club	2.72	<b>PB</b>

## U13 Boys Shot Putt (3.25kg)

1	Daniel Lathan	Inverness Harriers AAC	8.10	<b>PB</b>
2	Samuel Bryan	East Sutherland AC	6.92	<b>PB</b>
3	Ben Wagstaff	Shetland AAC	6.53	
4	Craig MacLennan	Inverness Harriers AAC	6.27	<b>PB</b>
5	Angus Rollo	Ross County AC	6.07	<b>PB</b>
6	James Croy	Orkney Athletic Club	5.97	<b>PB</b>
7	Andrew Dancy	Orkney Athletic Club	5.88	<b>PB</b>
8	Angus Morrison	Stornoway Running & AC	5.59	
9	Josh Shirreffs	Orkney Athletic Club	5.15	
10	Zak Stewart	Nairn AAAC	4.75	<b>PB</b>

# North District Track & Field Championships 2017

## U15 Boys

### U15 Boys 100m (Final)

**ws +1.2**

1	Kyle Wilkinson	Moray Road Runners	12.27	<b>PB</b>
2	Robin Snedden	Inverness Harriers AAC	12.68	<b>PB</b>
3	Ryan Matheson	Aberdeen AAC	12.77	<b>PB</b>
4	Shay Regan	Shetland AAC	13.02	<b>PB</b>
5	Alexander Scott	Orkney Athletic Club	13.20	<b>PB</b>
6	Ivar Shannon	Shetland AAC	13.28	<b>PB</b>
7	David Morrison	Stornoway Running & AC	13.49	
8	Ewan Tait	Orkney Athletic Club	13.49	<b>PB</b>

### U15 Boys 100m (Heat 1)

**ws +1.1**

1	Robin Snedden	Inverness Harriers AAC	12.87	<b>PB</b>
2	Shay Regan	Shetland AAC	13.22	<b>PB</b>
3	Alexander Scott	Orkney Athletic Club	13.31	<b>PB</b>
4	David Morrison	Stornoway Running & AC	13.54	
5	Tom MacArthur	Orkney Athletic Club	14.08	<b>PB</b>
DNS	Arran Buchanan	Inverness Harriers AAC	.	

### U15 Boys 100m (Heat 2)

**ws +1.0**

1	Kyle Wilkinson	Moray Road Runners	12.48	<b>PB</b>
2	Ryan Matheson	Aberdeen AAC	13.11	<b>PB</b>
3	Ivar Shannon	Shetland AAC	13.36	<b>PB</b>
4	Ewan Tait	Orkney Athletic Club	13.59	
5	Angus MacDonald	North Uist AAC	14.00	<b>PB</b>
DNS	Matthew MacLeod	Stornoway Running & AC	.	

### U15 Boys 1500m (Final)

1	Blair Milne	Moray Road Runners	4:39.11
2	Lucas Cairns	Inverness Harriers AAC	4:44.20
3	Euan Rollo	Inverness Harriers AAC	4:46.34
4	Finlay Rutter	Inverness Harriers AAC	4:52.18
5	Angus Smith	Inverness Harriers AAC	5:04.42
6	Ben Sharpe	Inverness Harriers AAC	5:04.73
7	Ailig MacDonald	North Uist AAC	5:13.68
8	Finlay Raynor	Inverness Harriers AAC	5:17.35
DNS	Malcolm MacKenzie	Orkney Athletic Club	.
DNS	Aodhan Finnegan	Stornoway Running & AC	.

### U15 Boys 200m (Final)

1	Arran Buchanan	Inverness Harriers AAC	24.10	<b>PB</b>	<b>CBP</b>
2	Kyle Wilkinson	Moray Road Runners	25.11	<b>PB</b>	
3	Robin Snedden	Inverness Harriers AAC	25.61	<b>PB</b>	
4	Ryan Matheson	Aberdeen AAC	25.88	<b>PB</b>	
5	Ivar Shannon	Shetland AAC	26.73	<b>PB</b>	
6	Alexander Scott	Orkney Athletic Club	27.17	<b>PB</b>	
7	Ewan Tait	Orkney Athletic Club	28.21	<b>PB</b>	
DNS	Matthew MacLeod	Stornoway Running & AC	.		

### U15 Boys 200m (Heat 1)

**ws -1.1**

1	Arran Buchanan	Inverness Harriers AAC	25.15	
2	Kyle Wilkinson	Moray Road Runners	26.19	<b>PB</b>
3	Alexander Scott	Orkney Athletic Club	27.31	<b>PB</b>
4	Ewan Tait	Orkney Athletic Club	27.65	
5	Matthew MacLeod	Stornoway Running & AC	27.76	<b>PB</b>
6	Ewan MacLeod	Stornoway Running & AC	28.08	<b>PB</b>

# North District Track & Field Championships 2017

## U15 Boys 200m (Heat 2)

ws -1.7

1	Robin Snedden	Inverness Harriers AAC	26.35
2	Ryan Matheson	Aberdeen AAC	26.50
3	Ivar Shannon	Shetland AAC	27.44
4	Angus MacDonald	North Uist AAC	28.66
5	Jamie Barber	Orkney Athletic Club	29.96
DNR	Duncan MacDonald	Inverness Harriers AAC	.

## U15 Boys 300m (Final)

1	David Scott	Forres Harriers	40.53	<b>PB</b>
2	Shay Regan	Shetland AAC	41.29	<b>PB</b>
3	Ewan MacLeod	Stornoway Running & AC	43.68	<b>PB</b>
4	Angus Rutter	Inverness Harriers AAC	47.44	<b>PB</b>
DNS	Finn Hancock	Orkney Athletic Club	.	

## U15 Boys 800m (Final)

1	David Morrison	Stornoway Running & AC	2:11.73	<b>PB</b>
2	Danny McPake	Ross County AC	2:12.99	<b>PB</b>
3	Ewan Spink	Inverness Harriers AAC	2:18.55	
4	Kyle Sutherland	Ross County AC	2:22.98	<b>PB</b>
5	Angus Rutter	Inverness Harriers AAC	2:24.13	<b>PB</b>
6	David Scott	Forres Harriers	2:26.55	
7	Ewan Stevenson	Orkney Athletic Club	2:26.71	<b>PB</b>
8	Scott Perry	Forres Harriers	2:28.98	<b>PB</b>
DNS	Duncan MacDonald	Inverness Harriers AAC	.	
DNS	Tom MacArthur	Orkney Athletic Club	.	
DNS	Finn Hancock	Orkney Athletic Club	.	

## U15 Boys 80m Hurdles (Final)

ws +0.7

1	Reuben McFarlane	Ross County AC	13.29	<b>PB</b>
2	Alister MacKay	Ross County AC	14.66	<b>PB</b>
3	William Hodi	Nairn AAAC	14.83	<b>PB</b>

## U15 Boys Discus (1.25kg)

1	Victor Jude-Eze	Inverness Harriers AAC	30.58	<b>PB</b>
2	Craig Watts	Inverness Harriers AAC	25.96	<b>PB</b>
3	Angus Lallah	Inverness Harriers AAC	24.78	<b>PB</b>

## U15 Boys Hammer (4.00kg)

1	Gabriel McFarlane	Ross County AC	29.60	
2	Cian Jones	Moray Road Runners	23.36	
3	Michael Graham	Inverness Harriers AAC	21.17	<b>PB</b>
4	Angus Lallah	Inverness Harriers AAC	14.54	

## U15 Boys High Jump

1	Alexander Scott	Orkney Athletic Club	1.46	
2	William Hodi	Nairn AAAC	1.46	
3	Gordon Manson	Inverness Harriers AAC	1.41	<b>PB</b>
4	Eric Robinson	Inverness Harriers AAC	1.36	<b>PB</b>
5	Tom MacArthur	Orkney Athletic Club	1.31	

## U15 Boys Javelin (600g)

1	Craig Watts	Inverness Harriers AAC	29.16
2	Gordon Manson	Inverness Harriers AAC	25.48
3	Connor Fraser	Shetland AAC	20.66



# North District Track & Field Championships 2017

## U15 Boys Long Jump

1	Kyle Wilkinson	Moray Road Runners	5.27	
2	David Scott	Forres Harriers	4.92	
3	Alister MacKay	Ross County AC	4.62	<b>PB</b>
4	Ivar Shannon	Shetland AAC	4.29	<b>PB</b>
5	Jamie Barber	Orkney Athletic Club	4.25	
6	Kyle Sutherland	Ross County AC	4.23	
7	Malcolm MacKenzie	Orkney Athletic Club	3.93	<b>PB</b>
8	Connor Fraser	Shetland AAC	3.68	

## U15 Boys Pole Vault

1	Reuben McFarlane	Ross County AC	3.06	<b>PB</b>
2	Alister MacKay	Ross County AC	2.06	<b>PB</b>

## U15 Boys Shot Putt (4.00kg)

1	Reuben McFarlane	Ross County AC	10.69	
2	Gabriel McFarlane	Ross County AC	7.99	
3	Ewan Stevenson	Orkney Athletic Club	5.96	
4	Connor Fraser	Shetland AAC	5.78	
5	Jamie Barber	Orkney Athletic Club	5.60	

## U15 Boys Triple Jump

1	Shay Regan	Shetland AAC	11.25	<b>PB</b>
2	William Hodi	Nairn AAAC	9.76	

# North District Track & Field Championships 2017

## U17 Men

### U17 Men 100m (Final)

ws +1.0

1	Andrew Stoker	Moray Road Runners	11.43	<b>PB</b>
2	Callum Tynan	Inverness Harriers AAC	11.77	<b>PB</b>
3	Angus Davren	Inverness Harriers AAC	11.86	<b>PB</b>
4	Finlay Rollo	Ross County AC	12.03	<b>PB</b>
5	Lewis Barclay	Shetland AAC	12.05	<b>PB</b>
6	Tom Jenkins	Moray Road Runners	12.14	<b>PB</b>
7	Shaun Ritchie	Shetland AAC	12.22	<b>PB</b>
8	Scott MacIver	Stornoway Running & AC	12.38	<b>PB</b>

### U17 Men 100m (Heat 1)

ws -0.2

1	Andrew Stoker	Moray Road Runners	11.66	<b>PB</b>
2	Angus Davren	Inverness Harriers AAC	11.90	<b>PB</b>
3	Lewis Barclay	Shetland AAC	12.18	<b>PB</b>
4	Finlay Rollo	Ross County AC	12.24	<b>PB</b>
DNS	Ruairidh Munro	Inverness Harriers AAC	.	
DNS	Uilleam Brass	North Uist AAC	.	
DNS	Gregor Dowell	Orkney Athletic Club	.	

### U17 Men 100m (Heat 2)

ws +0.5

1	Callum Tynan	Inverness Harriers AAC	11.84	<b>PB</b>
2	Tom Jenkins	Moray Road Runners	12.07	<b>PB</b>
3	Shaun Ritchie	Shetland AAC	12.11	<b>PB</b>
4	Scott MacIver	Stornoway Running & AC	12.51	<b>PB</b>
5	Ross Sinclair	Orkney Athletic Club	12.94	
DNS	Craig Wilson	Inverness Harriers AAC	.	

### U17 Men 100m Hurdles (Final)

ws +1.8

1	Alexander MacKay	Ross County AC	15.30
2	Toran Simmons	Nairn AAAC	17.96

### U17 Men 1500m (Final)

1	Seumas MacKay	Shetland AAC	4:20.63	<b>PB</b>
2	Sunny McGrath	Unattached	4:25.02	
3	Luke Davidson	Inverness Harriers AAC	4:37.71	
4	Ben Johnstone	Inverness Harriers AAC	4:45.19	
5	Daniel Stewart	Stornoway Running & AC	5:11.13	<b>PB</b>

### U17 Men 200m (Final)

1	Andrew Stoker	Moray Road Runners	22.94	<b>PB</b>	<b>CBP</b>
2	Stephen MacKenzie	Inverness Harriers AAC	23.12	<b>PB</b>	
3	Callum Tynan	Inverness Harriers AAC	23.32	<b>PB</b>	
4	Lewis Barclay	Shetland AAC	24.13		
5	Joseph Campbell-Pedrana	Inverness Harriers AAC	24.93	<b>PB</b>	
6	Scott MacIver	Stornoway Running & AC	25.12	<b>PB</b>	
DNS	Gregor Dowell	Orkney Athletic Club	.		
DNS	Ruairidh Munro	Inverness Harriers AAC	.		

### U17 Men 400m (Final)

1	Callum Tynan	Inverness Harriers AAC	52.07	<b>PB</b>
2	Ruairidh Munro	Inverness Harriers AAC	52.91	<b>PB</b>
3	Lewis Barclay	Shetland AAC	53.01	<b>PB</b>
4	Joseph Campbell-Pedrana	Inverness Harriers AAC	54.84	
5	Jamie Clouston	Orkney Athletic Club	57.62	<b>PB</b>
6	Daniel Stewart	Stornoway Running & AC	62.99	<b>PB</b>
DNS	Gregor Dowell	Orkney Athletic Club	.	
DNS	Seumas MacKay	Shetland AAC	.	

# North District Track & Field Championships 2017

## U17 Men 400m Hurdles (Final)

1	Toran Simmons	Nairn AAAC	67.64
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## U17 Men 800m (Final)

1	Seumas MacKay	Shetland AAC	1:57.27	<b>PB</b>	<b>CBP</b>
2	Luke Davidson	Inverness Harriers AAC	2:06.95	<b>PB</b>	
3	Alasdair Binns	Stornoway Running & AC	2:12.29	<b>PB</b>	
4	Jamie Clouston	Orkney Athletic Club	2:19.34		
DNS	Scott MacIver	Stornoway Running & AC	.		
DNS	Oliver Cooper	Moray Road Runners	.		

## U17 Men Discus (1.5kg)

1	Finbar Dunne	Inverness Harriers AAC	37.71	
2	Andrew Bowsher	Inverness Harriers AAC	33.25	
3	George Russell	Inverness Harriers AAC	28.44	<b>PB</b>

## U17 Men Hammer (5.00kg)

1	Matt MacFarlane	Inverness Harriers AAC	41.20
2	Niall Fyfe	Inverness Harriers AAC	13.78

## U17 Men High Jump

1	Stephen MacKenzie	Inverness Harriers AAC	1.81
2	Angus Davren	Inverness Harriers AAC	1.66

## U17 Men Javelin (700g)

1	Cameron MacIntosh	Inverness Harriers AAC	43.86
2	Ross Sinclair	Orkney Athletic Club	34.46
3	Craig Wilson	Inverness Harriers AAC	31.60
4	Toran Simmons	Nairn AAAC	27.27

## U17 Men Long Jump

1	Stephen MacKenzie	Inverness Harriers AAC	6.52	
2	Cameron MacIntosh	Inverness Harriers AAC	5.31	
3	Tom Jenkins	Moray Road Runners	5.26	<b>PB</b>
4	Finlay Rollo	Ross County AC	5.23	
5	Ross Sinclair	Orkney Athletic Club	5.09	
6	Uilleam Brass	North Uist AAC	5.03	

## U17 Men Pole Vault

1	Alexander MacKay	Ross County AC	2.96
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## U17 Men Shot Putt (5.00kg)

1	Finbar Dunne	Inverness Harriers AAC	11.11
2	Alexander MacKay	Ross County AC	10.52
3	Niall Fyfe	Inverness Harriers AAC	7.52

## U17 Men Triple Jump

1	Uilleam Brass	North Uist AAC	11.99	<b>PB</b>
2	Shaun Ritchie	Shetland AAC	10.17	<b>PB</b>

# North District Track & Field Championships 2017

## U20 Men

### U20 Men 100m (Final)

ws +1.0

1	Calum Fraser	North Uist AAC	11.67	<b>PB</b>
2	Donald MacMillan	North Uist AAC	11.80	<b>PB</b>
3	Caelen Rivett	Shetland AAC	11.93	
4	Andrew Horne	Stornoway Running & AC	11.94	
5	Alex Geddes	Unattached	12.51	<b>PB</b>
6	Ross MacTaggart	Stornoway Running & AC	12.63	
DNS	Andrew Davis	Orkney Athletic Club	.	

### U20 Men 110m Hurdles (Final)

ws +2.7

1	Daniel McFarlane	Ross County AC	15.99	
DNS	Andrew McFarlane	Ross County AC	.	

### U20 Men 1500m (Final)

1	Finlay Todd	Ross County AC	4:05.59	<b>PB</b>	<b>CBP</b>
2	Michael MacMillan	Stornoway Running & AC	4:09.03		
3	Liam Barnsby	Inverness Harriers AAC	4:16.08		
4	James Geddes	Inverness Harriers AAC	4:22.12		
5	Keir Beaton	East Sutherland AC	4:27.94	<b>PB</b>	
6	Stuart Gardiner	Inverness Harriers AAC	4:37.63	<b>PB</b>	

### U20 Men 200m (Final)

1	Findlay Donegan	Elgin AAC	23.12	<b>PB</b>
2	Andrew Horne	Stornoway Running & AC	23.58	
3	Shane Odie	Shetland AAC	23.89	<b>PB</b>
4	= Ross MacTaggart	Stornoway Running & AC	25.21	
4	= Alex Geddes	Unattached	25.21	<b>PB</b>
DNS	Andrew Davis	Orkney Athletic Club	.	

### U20 Men 400m (Final)

1	Kieran Fraser	Shetland AAC	51.83	<b>PB</b>
2	Shane Odie	Shetland AAC	52.30	<b>PB</b>
3	Ewan Bradley	Inverness Harriers AAC	52.88	
DNS	Caelen Rivett	Shetland AAC	.	
DNS	Andrew Davis	Orkney Athletic Club	.	

### U20 Men 5000m (Final)

1	James Geddes	Inverness Harriers AAC	17:55.29	
DNS	Liam Barnsby	Inverness Harriers AAC	.	

### U20 Men 800m (Final)

1	Michael MacMillan	Stornoway Running & AC	2:02.66	
2	Shane Odie	Shetland AAC	2:03.44	
DNS	Joe Arnaud	Inverness Harriers AAC	.	

### U20 Men Discus (1.75kg)

1	Daniel McFarlane	Ross County AC	37.72	<b>PB</b>
2	Harry Zagorski	Inverness Harriers AAC	36.76	<b>PB</b>
3	William Watts	Inverness Harriers AAC	34.30	
4	Connor McDonald	Shetland AAC	25.63	<b>PB</b>
5	Cameron MacInnes	North Uist AAC	18.83	

### U20 Men Hammer (6.00kg)

1	Connor McDonald	Shetland AAC	34.99	
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### U20 Men High Jump

1	Sean Walterson	Shetland AAC	1.66	
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## North District Track & Field Championships 2017

### U20 Men Javelin (800g)

1	Paddy Dunne	Inverness Harriers AAC	50.70	
2	Finlay MacLeay	Inverness Harriers AAC	45.56	<b>PB</b>

### U20 Men Long Jump

1	Ewan Bradley	Inverness Harriers AAC	5.49	
2	Caelen Rivett	Shetland AAC	5.48	
3	Sean Walterson	Shetland AAC	5.08	

### U20 Men Pole Vault

1	Daniel McFarlane	Ross County AC	3.66	<b>CBP</b>
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### U20 Men Shot Putt (6.00kg)

1	Connor McDonald	Shetland AAC	13.05	<b>PB</b>
2	Harry Zagorski	Inverness Harriers AAC	11.68	<b>PB</b>
3	Daniel McFarlane	Ross County AC	11.58	
4	Cameron MacInnes	North Uist AAC	8.97	<b>PB</b>

### U20 Men Triple Jump

1	Findlay Donegan	Elgin AAC	13.28	
2	Donald MacMillan	North Uist AAC	12.33	<b>PB</b>
3	Ewan Bradley	Inverness Harriers AAC	10.94	
4	Sean Walterson	Shetland AAC	10.22	

# North District Track & Field Championships 2017

## Senior Men

<b>Senior Men 100m (Final)</b>				<b>ws +1.1</b>
1	Ross Freck	Aberdeen AAC	11.63	<b>PB</b>
2	Alastair Beaton	Inverness Harriers AAC	11.70	
3	Aidan Jarmson	Shetland AAC	11.78	
4	Fraser MacDonald	Ross County AC	11.79	<b>PB</b>
5	Ross Fraser	Inverness Harriers AAC	11.83	
6	Tom Jamieson	Shetland AAC	11.91	
<b>Senior Men 110m Hurdles (Final)</b>				<b>ws +2.7</b>
1	Kevin Morice	Moray Road Runners	22.90	
<b>Senior Men 1500m (Final)</b>				
1	Tony Golabek	Inverness Harriers AAC	4:30.36	
2	Kevin Schenk	Forres Harriers	4:30.59	
3	Dean Kane	Inverness Harriers AAC	4:32.47	
<b>Senior Men 200m (Final)</b>				
1	Ross Freck	Aberdeen AAC	23.28	
2	Ross Fraser	Inverness Harriers AAC	23.71	
3	Aidan Jarmson	Shetland AAC	23.75	
4	Fraser MacDonald	Ross County AC	24.52	
<b>Senior Men 400m (Final)</b>				
1	Paul Davidson	Inverness Harriers AAC	52.91	
2	Joseph Frame	Caithness AAC	65.37	
DNS	Stephen MacKay	Inverness Harriers AAC	.	
<b>Senior Men 5000m (Final)</b>				
1	Timothy Ross	Orkney Athletic Club	16:23.89	
2	James Wilson	Moray Road Runners	16:36.74	<b>PB</b>
3	Finlay MacLennan	Inverness Harriers AAC	16:41.27	<b>PB</b>
4	Blair MacKay	East Sutherland AC	16:45.77	<b>PB</b>
5	Kevin Morice	Moray Road Runners	19:31.03	<b>PB</b>
DNF	Garath Jenkins	Moray Road Runners	.	
<b>Senior Men 800m (Final)</b>				
1	Paul Davidson	Inverness Harriers AAC	2:06.00	
2	Dean Kane	Inverness Harriers AAC	2:14.25	
3	Joseph Frame	Caithness AAC	2:39.55	
DNS	Stephen MacKay	Inverness Harriers AAC	.	
<b>Senior Men Discus (2.00kg)</b>				
1	George Evans	Shaftesbury Barnet Harriers	50.43	<b>CBP</b>
2	Gary Sweeney	Moray Road Runners	36.30	
3	David Ogilvie	Ross County AC	30.00	
4	Eddie McKenzie	Aberdeen AAC	28.83	
5	Andrew Preacher	Shetland AAC	20.91	
<b>Senior Men Hammer (7.26kg)</b>				
1	Nicky Stone	Nairn AAAC	46.58	
2	David Ogilvie	Ross County AC	35.17	
3	Eddie McKenzie	Aberdeen AAC	25.12	
<b>Senior Men Javelin (800g)</b>				
1	Eddie McKenzie	Aberdeen AAC	32.67	
2	Tony Golabek	Inverness Harriers AAC	26.75	

## North District Track & Field Championships 2017

### Senior Men Long Jump

1	Leon Greig	Moray Road Runners	5.90
2	Tom Jamieson	Shetland AAC	5.80
3	Joseph Frame	Caithness AAC	4.38

### Senior Men Shot Putt (7.26kg)

1	Gary Sweeney	Moray Road Runners	12.89
2	David Ogilvie	Ross County AC	10.49
3	Eddie McKenzie	Aberdeen AAC	10.01
4	Andrew Preacher	Shetland AAC	6.28

### Senior Men Triple Jump

1	Tom Jamieson	Shetland AAC	12.87
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